## Claims:

- 1 1. A system for manufacturing a hard disc drive suspension flexure comprising:
- a first electrical trace to be coupled to a base element, wherein
- 3 said base element includes an insulative layer and a conductive layer, said insulative layer being
- 4 sandwiched between said first electrical trace and said conductive layer, and said conductive
- 5 layer including a recess opposite the electrical trace.
- 1 2. The system of claim 1, wherein said first electrical trace is selected from the group
- 2 consisting of copper, gold, nickel alloy, platinum, and tin.
- 1 3. The system of claim 1, wherein the insulative layer is polyimide.
- 1 4. The system of claim 1, wherein the conductive layer is stainless steel.
- 1 5. The system of claim 1, wherein said recess is created by an etching process.
- 1 6. The system of claim 5, wherein said etching process removes all of said conductive layer
- 2 directly opposite of the first electrical trace.
- 1 7. The system of claim 1, wherein said recess is to be filled with a first insulation material.
- 1 8. The system of claim 7, wherein said first insulation material is selected from the group
- 2 consisting of plastic, epoxy, and polyimide.

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- 1 9. The system of claim 7, wherein said first insulation material is to be applied by a method
- 2 selected from the group consisting of plating, printing, air spraying, and vacuum lamination.
- 1 10. The system of claim 7, wherein said first insulation material is opposite a read/write
- 2 electrical trace and is 5 to 10 micro-meters(um) in thickness.
- 1 11. The system of claim 7, wherein said first insulation material is opposite a micro-actuator
- 2 electrical trace and is 10 to 20 micro-meters(um) in thickness.
- 1 12. The system of claim 1, further comprising a second electrical trace adjacent said first
- 2 electrical trace, wherein a layer of second insulation material is to be applied between said first
- 3 electrical trace and said second electrical trace.
- 1 13. The system of claim 12, wherein said second insulation material is selected from the
- 2 group consisting of plastic, epoxy, and polyimide.
- 1 14. The system of claim 12, wherein said second insulation material is to be applied by a
- 2 method selected from the group consisting of plating, printing, air spraying, and vacuum
- 3 lamination.
- 1 15. The system of claim 12, wherein said second insulation material is between a first and a
- 2 second read/write electrical trace and is 10 to 15 micro-meters(um) in width.

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The system of claim 12, wherein said second insulation material is between a first and a 1 16. second micro-actuator electrical trace and is 15 to 25 micro-meters(um) in width. 2 A method for manufacturing a hard disc drive suspension flexure comprising: 1 17. coupling a first electrical trace to a base element, said base element including an 2 insulative layer and a conductive layer, and 3 sandwiching said insulative layer between said first electrical trace and said conductive 4 layer, said conductive layer including a recess opposite the electrical trace. 5 The method of claim 17, wherein said first electrical trace is selected from the group 18. 1 consisting of copper, gold, nickel alloy, platinum, and tin. 2 The method of claim 17, wherein the insulative layer is polyimide. 1 19. The method of claim 17, wherein the conductive layer is stainless steel. 20. 1 The method of claim 17, wherein said recess is created by an etching process. 21. 1 The method of claim 21, wherein said etching process removes all of said conductive 22. 1 layer directly opposite of the first electrical trace. 2

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The method of claim 17, wherein said recess is to be filled with a first insulation material.

- 1 24. The method of claim 23, wherein said first insulation material is selected from the group
- 2 consisting of plastic, epoxy, and polyimide.
- 1 25. The method of claim 23, wherein said first insulation material is to be applied by a
- 2 method selected from the group consisting of plating, printing, air spraying, and vacuum
- 3 lamination.
- 1 26. The method of claim 23, wherein said first insulation material is opposite a read/write
- 2 electrical trace and is 5 to 10 micro-meters(um) in thickness.
- 1 27. The method of claim 23, wherein said first insulation material is opposite a micro-
- 2 actuator electrical trace and is 10 to 20 micro-meters(um) in thickness.
- 1 28. The method of claim 17, further comprising a second electrical trace adjacent said first
- 2 electrical trace, wherein a layer of second insulation material is to be applied between said first
- 3 electrical trace and said second electrical trace.
- 1 29. The method of claim 28, wherein said second insulation material is selected from the
- 2 group consisting of plastic, epoxy, and polyimide.

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- 1 30. The method of claim 28, wherein said second insulation material is to be applied by a
- 2 method selected from the group consisting of plating, printing, air spraying, and vacuum
- 3 lamination.
- 1 31. The method of claim 28, wherein said second insulation material is between a first and a
- 2 second read/write electrical trace and is 10 to 15 micro-meters(um) in width.
- 1 32. The method of claim 28, wherein said second insulation material is between a first and a
- 2 second micro-actuator electrical trace and is 15 to 25 micro-meters(um) in width.

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